



Recommended Reading

Birth

Ina May's Guide to Childbirth by Ina May Gaskin

The Thinking Woman's Guide to a Better Birth by Henci Goer

Birthing From Within by Pam England & Rob Horowitz

Active Birth by Janet Balakas

Easing Labor Pain by Adrienne Lieberman

The Birth Partner by Penny Simkin

Mind Over Labor by Carl Jones

Hey! Who's Having This Baby Anyway by Breck Hawk Creating Your Birth

Plan by Marsden Wagner

A Good Birth, A Safe Birth by Korte and Scaer

Pushed by Jennifer Block

Breastfeeding

Bestfeeding by Renfrew, Fisher and Arms

Nursing Mother, Working Mother by Gale Pryor

The Ultimate Breastfeeding Book of Answers by Newman M.D. & Pittman

The Nursing Mother's Companion, 4th Edition by Huggins & Lawrence

Breastfeeding Made Simple by Nancy Mohrbacher and Kathleen Kendall-

Tackett, Ph.D. The Womanly Art of Breastfeeding: by Diane Wiessinger, Diana

West, Teresa Pitman

Baby Care

The Baby Book by William and Martha Sears

Your Baby and Child by Penelope Leach

The Portable Pediatrician by Laura Nathanson

The Vital Touch by Sharon Heller

Postpartum

After the Baby's Birth by Robin Lim

The Year After Childbirth by Sheila Kitzinger

Siblings

Siblings without Rivalry by Bager and Mazlish